

Hinge Health is the leading unified musculoskeletal (MSK) solution, partnering with employers and health plans to reduce costs by connecting people to evidence-based care. Through an AI-powered care model and a multidisciplinary care team of experts, we reduce pain by 68% and avoid 1 in 2 MSK surgeries.

Solution Capabilities



**DATA
COLLECTION**



**ANALYTICS AND
INSIGHT**



**BIDIRECTIONAL
COMMUNICATION**



**DEVICE
INTEGRATION**



**CLINICAL DECISION
SUPPORT**



**PATIENT EDUCATION
AND CONTENT**



**PATIENT SELF-
MANAGEMENT TOOLS**

Key Features

- ▶ One easy-to-use app that brings together exercise therapy, education, health coaching, and clinical support.
- ▶ AI-powered care model with TrueMotion computer vision for real-time movement feedback.
- ▶ FDA-cleared Enso device for drug-free pain relief.
- ▶ HingeSelect for virtual orthopedic visits and in-person MSK care navigation.
- ▶ HingeConnect for data integration, targeted care workflows, referrals, and reporting.

Benefits

Hinge Health clients can:

- ▶ Reduce clinician burden
- ▶ Improve patient engagement
- ▶ Improve patient outcomes
- ▶ Enhance patient experience
- ▶ Expand access to care
- ▶ Improve financial performance
- ▶ Support value-based care
- ▶ Improve care coordination

Solution Type

- ▶ Care management
- ▶ Solutions supporting care coordination platforms, care pathways, and workflow optimization
- ▶ Specialty programs
- ▶ Solutions supporting condition-specific digital care programs
- ▶ Remote monitoring and virtual care
- ▶ Solutions supporting remote patient monitoring, virtual care delivery, or device-connected monitoring

Clinical Guidelines and Standards

- ▶ Evidence-based / peer-reviewed protocols
- ▶ Many clinical care guidelines have been utilized in designing the HingeSelect program, including those from American Academy of Orthopaedic Surgeons (AAOS), North American Spine Society (NASS), American Physical Therapy Association (APTA), American College of Physicians (ACP), American Association of Family Physicians (AAFP), Osteoarthritis Research Society International (OARSI), American College of Occupational and Environmental Medicine (ACOEM) and the American College of Rheumatology (ACR). We have focused on guidelines that are common across all organizations.



Measurable Impacts

- ▶ 68% average pain reduction
- ▶ 58% average reduction in depression
- ▶ 58% average reduction in anxiety
- ▶ 67% average reduction in surgery intent
- ▶ 61% average increase in work productivity
- ▶ 42% fewer participants starting opioids
- ▶ 1 in 2 MSK surgeries avoided
- ▶ 60% reduction in imaging at 3 months
- ▶ 9/10 member satisfaction
- ▶ 4%+ engagement
- ▶ 2.4x Return on Investment validated by an independent third party across 136 employers and 46 industries

RESULTS YOU CAN EXPECT

Case Study

Northside Hospital partnered with Hinge Health to expand access to high-quality MSK care through a flexible, digital model that fits into demanding clinical schedules. After one year, they saw an average of:

49%

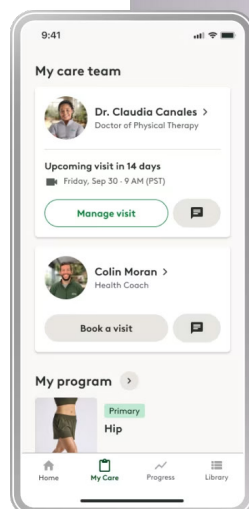
reduction
in pain

66%

reduction in pelvic floor
symptoms

3.5x

ROI



Awards, Accolades, and Certifications



FDA-cleared Enso device



Newsweek's World's Best Digital Health Companies 2024



16 peer-reviewed journal articles



Adoption by 45% of the Fortune 500 and 53% of the Fortune 100



5 third-party validated claims studies

Security, Compliance, and Certifications



HIPAA Compliant



SOC 2 Type II Certified



HITRUST Certified



ISO 27001 Certified

Integration and Workflow Fit

- ▶ Prescribed and managed within the Xealth platform
- ▶ Data and insights returned to clinical workflows (e.g., EHR, dashboards)

Business Model and Reimbursement

- ▶ Employer-sponsored benefit
- ▶ Payer-sponsored
- ▶ Health plan offering
- ▶ Covered by commercial insurance

Customer Support and Operating Model

- ▶ Onboarding and implementation support
 - ▶ Dedicated customer success manager
 - ▶ Ongoing technical support
 - ▶ Clinical program support (e.g., nurses, coaches, care teams)
 - ▶ Self-service model (largely independent after setup)
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